

Lauf 1 - Bambini W5 (350 m) - 11:00

| Kinder W5 | | | | | | |
|-----------|-------|-----------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 114 | Heinzen, Xenia | 2008 | Fischelner Turnverein | 1:29 | 1 W5 |
| 2. | 3 | Liedtke, Nike | 2008 | TV Anrath | 1:34 | + 5 2 W5 |
| 3. | 252 | Kluckow, Malin July | 2009 | SV Sonsbeck | 1:39 | + 10 3 W5 |
| 4. | 575 | Zander, Liese-Lotte | 2008 | KTSV Preussen Krefeld | 1:41 | + 12 4 W5 |
| 5. | 22 | Lehnen, Kate | 2008 | TSF Bracht | 1:42 | + 13 5 W5 |
| 6. | 357 | Kanditt, Kira | 2008 | OSC Waldniel | 1:45 | + 16 6 W5 |
| 7. | 174 | Sengstock, Lia | 2008 | KTSV Preussen Krefeld | 1:49 | + 20 7 W5 |
| 8. | 52 | Brammerts, Malvina | 2008 | CSV Krefeld | 1:51 | + 22 8 W5 |
| 9. | 142 | Knop, Jennifer | 2009 | TV Jahn Kapellen | 1:56 | + 27 9 W5 |
| 10. | 50 | Weinert, Rabea-Madlen | 2008 | CSV Krefeld | 2:04 | + 35 10 W5 |
| 11. | 51 | Todd, Amy | 2008 | CSV Krefeld | 2:06 | + 37 11 W5 |
| 12. | 289 | Erdmann, Lilly | 2008 | DJK Teutonia St. Tönis | 2:06 | + 37 12 W5 |
| 13. | 569 | Walter, Hannah | 2009 | DJK VfL Willich | 3:03 | + 1:34 13 W5 |
| 14. | 290 | Kerwer, Marie | 2008 | DJK Teutonia St. Tönis | 3:22 | + 1:53 14 W5 |

Lauf 2 - Bambini M5 (350 m) - 11:10

| Kinder M5 | | | | | | |
|-----------|-------|----------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 342 | Janssen, Sven | 2008 | LAZ Wachtendonk | 1:34 | 1 M5 |
| 2. | 321 | Zikoll, Luca | 2008 | SC Bayer Uerdingen | 1:38 | + 4 2 M5 |
| 3. | 48 | Pütz, Ben | 2008 | CSV Krefeld | 1:41 | + 7 3 M5 |
| 4. | 118 | Kopp, Johann | 2008 | DJK VfL Forstwald | 1:46 | + 12 4 M5 |
| 5. | 103 | Poeschl, Ole | 2009 | TSV Egestorf | 1:51 | + 17 5 M5 |
| 6. | 570 | Averhoff, Noah | 2008 | DJK VfL Forstwald | 1:55 | + 21 6 M5 |
| 7. | 104 | Hahn, Julian | 2009 | Fischelner Sportverein | 2:05 | + 31 7 M5 |
| 8. | 232 | Peters, Tom | 2009 | Ohne Verein | 2:58 | + 1:24 8 M5 |

Lauf 3 - Kinder W6 (539 m) - 11:20

| Kinder W6 | | | | | | |
|-----------|-------|----------------------|------|----------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 138 | von Ahlefeld, Sophie | 2007 | TV Jahn Kapellen | 2:11 | 1 W6 |
| 2. | 4 | Jovino, Lucia | 2007 | TV Anrath | 2:23 | + 12 2 W6 |
| 3. | 47 | Kraemer, Elena | 2007 | CSV Krefeld | 2:27 | + 16 3 W6 |
| 4. | 175 | Sengstock, Sanne | 2007 | KTSV Preussen Krefeld | 2:28 | + 17 4 W6 |
| 5. | 129 | Schumacher, Greta | 2007 | DJK VfL Forstwald | 2:29 | + 18 5 W6 |
| 6. | 372 | Zumdick, Juli | 2007 | Werdener Turnerbund | 2:31 | + 20 6 W6 |
| 7. | 288 | Käsgen, Maike | 2007 | DJK Teutonia St. Tönis | 2:38 | + 27 7 W6 |
| 8. | 46 | Klecker, Marylou | 2007 | CSV Krefeld | 2:41 | + 30 8 W6 |
| 9. | 284 | Loheide, Teresa | 2007 | DJK Teutonia St. Tönis | 2:42 | + 31 9 W6 |
| 10. | 373 | Isenberg, Lisa | 2007 | Werdener Turnerbund | 2:43 | + 32 10 W6 |
| 11. | 379 | Sons, Marie | 2007 | BSV Grün-Weiß Wesel-Flüren | 2:44 | + 33 11 W6 |
| 12. | 286 | Levels, Melissa | 2007 | DJK Teutonia St. Tönis | 2:51 | + 40 12 W6 |
| 13. | 283 | Freisleben, Antonia | 2007 | DJK Teutonia St. Tönis | 2:51 | + 40 13 W6 |

Lauf 3 - Kinder W6 (539 m) - 11:20

| Kinder W6 | | | | | | |
|-----------|-------|-----------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 14. | 365 | Westekemper, Caroline | 2007 | Werdener Turnerbund | 3:00 | + 49 14 W6 |
| 15. | 276 | Marquarth, Lilith | 2007 | DJK Teutonia St. Tönis | 3:08 | + 57 15 W6 |
| 16. | 39 | Missing, Maya | 2007 | CSV Krefeld | 3:10 | + 59 16 W6 |
| 17. | 251 | Holtwick, Lea | 2007 | SV Sonsbeck | 3:17 | + 1:06 17 W6 |
| 18. | 250 | Scholmanns, Sarah | 2007 | SV Sonsbeck | 3:17 | + 1:06 18 W6 |

Lauf 4 - Kinder M6 (539 m) - 11:27

| Kinder M6 | | | | | | |
|-----------|-------|------------------------|------|----------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 297 | Meies, David | 2007 | ASV Süchteln | 2:10 | 1 M6 |
| 2. | 400 | Drecker, Jan Christoph | 2007 | DJK VfL Willich | 2:14 | + 4 2 M6 |
| 3. | 194 | Schmidt, Damian | 2007 | Moerser TV | 2:15 | + 5 3 M6 |
| 4. | 341 | Gemmeke, Richard | 2007 | LAZ Wachtendonk | 2:26 | + 16 4 M6 |
| 5. | 141 | Karbach, Kilian | 2007 | TV Jahn Kapellen | 2:27 | + 17 5 M6 |
| 6. | 381 | Acar, Ada | 2007 | BSV Grün-Weiß Wesel-Flüren | 2:28 | + 18 6 M6 |
| 7. | 315 | Pannenbecker, Simon | 2007 | SC Bayer Uerdingen | 2:29 | + 19 7 M6 |
| 8. | 314 | Köchling, Linus | 2007 | SC Bayer Uerdingen | 2:30 | + 20 8 M6 |
| 9. | 254 | Döpfer, Matthias | 2007 | DJK Teutonia St. Tönis | 2:31 | + 21 9 M6 |
| 10. | 125 | Niedzkowski, Jakob | 2007 | DJK VfL Forstwald | 2:31 | + 21 10 M6 |
| 11. | 212 | Dicken, Maximilian | 2007 | SG Neukirchen-Hülchrath | 2:35 | + 25 11 M6 |
| 12. | 294 | von Thenen, Arne | 2007 | DJK Teutonia St. Tönis | 2:37 | + 27 12 M6 |
| 13. | 77 | Eltrin, Julius | 2007 | CSV Krefeld | 2:37 | + 27 13 M6 |
| 14. | 371 | Hardt, Hendrik | 2007 | Werdener Turnerbund | 2:40 | + 30 14 M6 |
| 15. | 170 | Peters, Ole | 2007 | KTSV Preussen Krefeld | 2:41 | + 31 15 M6 |
| 16. | 54 | Mijosek, Marian | 2007 | CSV Krefeld | 2:47 | + 37 16 M6 |
| 17. | 387 | Günthör, Finn | 2007 | DJK VfL Willich | 2:49 | + 39 17 M6 |
| 18. | 370 | Lukrafka, Leonard | 2007 | Werdener Turnerbund | 2:52 | + 42 18 M6 |
| 19. | 231 | Peters, Jan | 2007 | Ohne Verein | 2:56 | + 46 19 M6 |
| 20. | 383 | Adrovic, Samy | 2007 | DJK VfL Willich | 2:57 | + 47 20 M6 |
| 21. | 171 | Hesse, Lucas | 2007 | KTSV Preussen Krefeld | 2:59 | + 49 21 M6 |
| 22. | 292 | Kugel, Niklas | 2007 | DJK Teutonia St. Tönis | 3:44 | + 1:34 22 M6 |

Lauf 5 - Kinder W7 (539 m) - 11:34

| Kinder W7 | | | | | | |
|-----------|-------|----------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 256 | Zube, Pia | 2006 | DJK Teutonia St. Tönis | 2:12 | 1 W7 |
| 2. | 245 | Kluckow, Kyra Joy | 2006 | SV Sonsbeck | 2:16 | + 4 2 W7 |
| 3. | 405 | Drewling, Liv | 2006 | DJK VfL Willich | 2:18 | + 6 3 W7 |
| 4. | 249 | Heekeren, Maxima | 2006 | SV Sonsbeck | 2:19 | + 7 4 W7 |
| 5. | 144 | Planker, Nele | 2006 | TV Jahn Kapellen | 2:23 | + 11 5 W7 |
| 6. | 113 | Szymanowski, Paula | 2006 | Fischelner Turnverein | 2:30 | + 18 6 W7 |
| 7. | 414 | Wassenberg, Charlene | 2006 | TuS Xanten | 2:34 | + 22 7 W7 |
| 8. | 6 | Gieske, Amelie | 2006 | TV Anrath | 2:37 | + 25 8 W7 |

Lauf 5 - Kinder W7 (539 m) - 11:34

| Kinder W7 | | | | | | |
|-----------|-------|------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 9. | 277 | Fuhrmann, Alice | 2006 | DJK Teutonia St. Tönis | 2:41 | + 29 9 W7 |
| 10. | 266 | Lehmann, Celina | 2006 | DJK Teutonia St. Tönis | 2:43 | + 31 10 W7 |
| 11. | 404 | Rodrigues, Maia | 2006 | DJK VfL Willich | 2:46 | + 34 11 W7 |
| 12. | 75 | Weinert, Rebekka | 2006 | CSV Krefeld | 2:48 | + 36 12 W7 |
| 13. | 340 | Fila, Victoria | 2006 | LAZ Wachtendonk | 2:57 | + 45 13 W7 |
| 14. | 403 | Muschiol, Sina | 2006 | DJK VfL Willich | 3:17 | + 1:05 14 W7 |
| 15. | 76 | Yaserman, Esma | 2006 | CSV Krefeld | 4:01 | + 1:49 15 W7 |

Lauf 6 - Kinder M7 (539 m) - 11:40

| Kinder M7 | | | | | | |
|-----------|-------|-------------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 173 | Ritterbach, Jakob | 2006 | KTSV Preussen Krefeld | 2:02 | 1 M7 |
| 2. | 115 | Heinzen, Fabian | 2006 | Fischelner Turnverein | 2:06 | + 4 2 M7 |
| 3. | 332 | Welbers, Simon | 2006 | SC Bayer Uerdingen | 2:12 | + 10 3 M7 |
| 4. | 318 | Hille, Bela | 2006 | SC Bayer Uerdingen | 2:15 | + 13 4 M7 |
| 5. | 120 | Hannappel, Niklas | 2006 | DJK VfL Forstwald | 2:16 | + 14 5 M7 |
| 6. | 246 | Bangouva, Ahoudoulaye | 2006 | SV Sonsbeck | 2:17 | + 15 6 M7 |
| 7. | 578 | Bommes, Felix | 2006 | OSC Waldniel | 2:18 | + 16 7 M7 |
| 8. | 257 | Johannisbauer, Jonathan | 2006 | DJK Teutonia St. Tönis | 2:18 | + 16 8 M7 |
| 9. | 14 | Baumanns, Felix | 2006 | TV Anrath | 2:19 | + 17 9 M7 |
| 10. | 313 | Schmitz, Alexander | 2006 | SC Bayer Uerdingen | 2:19 | + 17 10 M7 |
| 11. | 121 | Lohmann, Jannes | 2006 | DJK VfL Forstwald | 2:22 | + 20 11 M7 |
| 12. | 130 | Maxwitat, Tom | 2006 | DJK VfL Forstwald | 2:22 | + 20 12 M7 |
| 13. | 583 | Dunger, Jan-Philipp | 2006 | CSV Krefeld | 2:28 | + 26 13 M7 |
| 14. | 143 | Strefling, Paul | 2006 | TV Jahn Kapellen | 2:33 | + 31 14 M7 |
| 15. | 247 | Weber, Kevin | 2006 | SV Sonsbeck | 2:39 | + 37 15 M7 |
| 16. | 165 | Kox, Luca | 2006 | KTSV Preussen Krefeld | 2:42 | + 40 16 M7 |
| 17. | 401 | Thiel, Henry | 2006 | DJK VfL Willich | 2:44 | + 42 17 M7 |
| 18. | 107 | Nopper, Niklas | 2006 | Fischelner Sportverein | 2:47 | + 45 18 M7 |
| 19. | 73 | Wirtz, Pierric | 2006 | CSV Krefeld | 3:02 | + 1:00 19 M7 |
| 20. | 402 | Knoesels, Lars | 2006 | DJK VfL Willich | 3:08 | + 1:06 20 M7 |

Lauf 7 - Kinder W8 (539 m) - 11:47

| Kinder W8 | | | | | | |
|-----------|-------|---------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 424 | Noack, Lilli | 2005 | TuS Xanten | 1:57 | 1 W8 |
| 2. | 346 | Klee, Viktoria-Lynn | 2005 | OSC Waldniel | 1:58 | + 1 2 W8 |
| 3. | 571 | Hoersch, Paula | 2005 | DJK VfL Forstwald | 2:03 | + 6 3 W8 |
| 4. | 369 | Koch, Mara | 2005 | Werdener Turnerbund | 2:09 | + 12 4 W8 |
| 5. | 272 | Brüggen, Liz | 2005 | DJK Teutonia St. Tönis | 2:11 | + 14 5 W8 |
| 6. | 423 | Wassenberg, Sophie | 2005 | TuS Xanten | 2:11 | + 14 6 W8 |
| 7. | 111 | Gorzel, Leandra | 2005 | Fischelner Sportverein | 2:14 | + 17 7 W8 |
| 8. | 169 | Odendahl, Hannah | 2005 | KTSV Preussen Krefeld | 2:16 | + 19 8 W8 |

Lauf 7 - Kinder W8 (539 m) - 11:47

| Kinder W8 | | | | | | |
|-----------|-------|---------------------|------|----------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 9. | 167 | Görtz, Nele | 2005 | KTSV Preussen Krefeld | 2:17 | + 20 9 W8 |
| 10. | 72 | Somasundaram, Norah | 2005 | CSV Krefeld | 2:20 | + 23 10 W8 |
| 11. | 55 | Knaak, Ylva | 2005 | CSV Krefeld | 2:24 | + 27 11 W8 |
| 12. | 131 | Niedzkowski, Hannah | 2005 | DJK VfL Forstwald | 2:26 | + 29 12 W8 |
| 13. | 415 | Benthaus, Clara | 2005 | TuS Xanten | 2:26 | + 29 13 W8 |
| 14. | 110 | Hahn, Lena | 2005 | Fischelner Sportverein | 2:30 | + 33 14 W8 |
| 15. | 375 | Acar, Akasya | 2005 | BSV Grün-Weiß Wesel-Flüren | 2:32 | + 35 15 W8 |
| 16. | 7 | Dekten, Henriette | 2005 | TV Anrath | 2:34 | + 37 16 W8 |
| 17. | 380 | Hollnecker, Sarah | 2005 | BSV Grün-Weiß Wesel-Flüren | 2:37 | + 40 17 W8 |
| 18. | 56 | Urban, Melissa | 2005 | CSV Krefeld | 2:37 | + 40 18 W8 |
| 19. | 1 | Fränzel, Lena-Marie | 2005 | TV Anrath | 2:39 | + 42 19 W8 |
| 20. | 140 | Knop, Vivien | 2005 | TV Jahn Kapellen | 2:40 | + 43 20 W8 |
| 21. | 24 | Köhler, Jaqueline | 2005 | TSF Bracht | 2:50 | + 53 21 W8 |

Lauf 8 - Kinder M8 (539 m) - 11:54

| Kinder M8 | | | | | | |
|-----------|-------|---------------------|------|----------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 585 | Krumm, Jonas | 2005 | OSC Waldniel | 1:55 | 1 M8 |
| 2. | 198 | Lodes, Christian | 2005 | LAZ Mönchengladbach | 1:56 | + 1 2 M8 |
| 3. | 407 | Walter, Lukas | 2005 | DJK VfL Willich | 1:59 | + 4 3 M8 |
| 4. | 151 | Boesing, Linus | 2005 | DJK Kempener LC | 2:00 | + 5 4 M8 |
| 5. | 421 | Kuse, Ole | 2005 | TuS Xanten | 2:03 | + 8 5 M8 |
| 6. | 338 | Janssen, Erik | 2005 | LAZ Wachtendonk | 2:06 | + 11 6 M8 |
| 7. | 418 | Reinders, Fynn | 2005 | TuS Xanten | 2:07 | + 12 7 M8 |
| 8. | 166 | Münker, Knut | 2005 | KTSV Preussen Krefeld | 2:07 | + 12 8 M8 |
| 9. | 378 | Sons, Phil | 2005 | BSV Grün-Weiß Wesel-Flüren | 2:08 | + 13 9 M8 |
| 10. | 390 | Meyer, Hendrik | 2005 | DJK VfL Willich | 2:09 | + 14 10 M8 |
| 11. | 60 | Brammerts, Linas | 2005 | CSV Krefeld | 2:10 | + 15 11 M8 |
| 12. | 408 | Haal, Michel | 2005 | TuS Xanten | 2:11 | + 16 12 M8 |
| 13. | 215 | Holzinger, Max | 2005 | Leichtathletik Nütterden | 2:11 | + 16 13 M8 |
| 14. | 58 | Funkel, Lasse | 2005 | CSV Krefeld | 2:16 | + 21 14 M8 |
| 15. | 59 | Koppel, Milan | 2005 | CSV Krefeld | 2:17 | + 22 15 M8 |
| 16. | 331 | Borgwardt, Erik | 2005 | SC Bayer Uerdingen | 2:17 | + 22 16 M8 |
| 17. | 273 | Loheide, Michel | 2005 | DJK Teutonia St. Tönis | 2:18 | + 23 17 M8 |
| 18. | 61 | Müller, Nils | 2005 | CSV Krefeld | 2:20 | + 25 18 M8 |
| 19. | 329 | Friesel, Max | 2005 | SC Bayer Uerdingen | 2:21 | + 26 19 M8 |
| 20. | 333 | Strazzanti, Luca | 2005 | SC Bayer Uerdingen | 2:27 | + 32 20 M8 |
| 21. | 328 | Chroboczek, Cassian | 2005 | SC Bayer Uerdingen | 2:27 | + 32 21 M8 |
| 22. | 264 | Varwick, Oskar | 2005 | DJK Teutonia St. Tönis | 2:28 | + 33 22 M8 |
| 23. | 368 | Isenberg, Marcel | 2005 | Werdener Turnerbund | 2:28 | + 33 23 M8 |
| 24. | 367 | Gaertig, Jonas | 2005 | Werdener Turnerbund | 2:29 | + 34 24 M8 |
| 25. | 579 | Schmidt, Linus | 2005 | TV Anrath | 2:37 | + 42 25 M8 |
| 26. | 351 | Kanditt, Finn | 2005 | OSC Waldniel | 2:42 | + 47 26 M8 |

Lauf 9 - Kinder W9 (1052 m) - 12:02

| Kinder W9 | | | | | | |
|-----------|-------|----------------------|------|--------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 191 | Paulukuhn, Hannah | 2004 | Moerser TV | 4:08 | 1 W9 |
| 2. | 176 | Berninger, Anna-Lena | 2004 | SV Millingen | 4:13 | + 5 2 W9 |
| 3. | 21 | Lehnen, Zoe | 2004 | TSF Bracht | 4:16 | + 8 3 W9 |
| 4. | 298 | Meies, Pauline | 2004 | ASV Süchteln | 4:18 | + 10 4 W9 |
| 5. | 183 | Gramse, Lynn | 2004 | Moerser TV | 4:19 | + 11 5 W9 |
| 6. | 99 | Hartmuth, Xenja | 2004 | MSV Duisburg | 4:24 | + 16 6 W9 |
| 7. | 411 | Haal, Rikarda | 2004 | TuS Xanten | 4:28 | + 20 7 W9 |
| 8. | 347 | Jungbluth, Nele | 2004 | OSC Waldniel | 4:29 | + 21 8 W9 |
| 9. | 239 | Terhorst, Jessica | 2004 | SV Sonsbeck | 4:30 | + 22 9 W9 |
| 10. | 63 | Frieling, Maya | 2004 | CSV Krefeld | 4:34 | + 26 10 W9 |
| 11. | 65 | Pütz, Finja | 2004 | CSV Krefeld | 4:38 | + 30 11 W9 |
| 12. | 386 | Adrovic, Seline | 2004 | DJK VfL Willich | 4:39 | + 31 12 W9 |
| 13. | 216 | Wüst, Hannah | 2004 | Leichtathletik Nütterden | 4:42 | + 34 13 W9 |
| 14. | 161 | Klinkhammer, Lilli | 2004 | KTSV Preussen Krefeld | 4:43 | + 35 14 W9 |
| 15. | 240 | Fischer, Maximé | 2004 | SV Sonsbeck | 4:44 | + 36 15 W9 |
| 16. | 238 | Luyven, Sophie | 2004 | SV Sonsbeck | 4:45 | + 37 16 W9 |
| 17. | 557 | Ponzelar, Greta | 2004 | DJK VfL Willich | 4:47 | + 39 17 W9 |
| 18. | 213 | Dicken, Katharina | 2004 | SG Neukirchen-Hülchrath | 4:49 | + 41 18 W9 |
| 19. | 62 | Heldmann, Louisa | 2004 | CSV Krefeld | 4:50 | + 42 19 W9 |
| 20. | 582 | Schmitz, Klara | 2004 | TSF Bracht | 4:51 | + 43 20 W9 |
| 21. | 270 | Butz, Marie | 2004 | DJK Teutonia St. Tönis | 4:51 | + 43 21 W9 |
| 22. | 392 | Dickes, Karina | 2004 | DJK VfL Willich | 4:52 | + 44 22 W9 |
| 23. | 269 | Molnar, Juliana | 2004 | DJK Teutonia St. Tönis | 4:53 | + 45 23 W9 |
| 24. | 398 | Herbertz, Lea | 2004 | DJK VfL Willich | 4:53 | + 45 24 W9 |
| 25. | 366 | Heermann, Josefine | 2004 | Werdener Turnerbund | 4:54 | + 46 25 W9 |
| 26. | 348 | Johnen, Isabella | 2004 | OSC Waldniel | 4:54 | + 46 26 W9 |
| 27. | 13 | Jovino, Elena | 2004 | TV Anrath | 5:02 | + 54 27 W9 |
| 28. | 122 | Lohmann, Anna | 2004 | DJK VfL Forstwald | 5:03 | + 55 28 W9 |
| 29. | 271 | Füllers, Mayra | 2004 | DJK Teutonia St. Tönis | 5:06 | + 58 29 W9 |
| 30. | 385 | Lechtenberg, Ronja | 2004 | DJK VfL Willich | 5:07 | + 59 30 W9 |
| 31. | 316 | Welbers, Mathilde | 2004 | SC Bayer Uerdingen | 5:08 | + 1:00 31 W9 |
| 32. | 406 | Tophofen, Silia | 2004 | DJK VfL Willich | 5:12 | + 1:04 32 W9 |
| 33. | 64 | Funkel, Charlotte | 2004 | CSV Krefeld | 5:18 | + 1:10 33 W9 |
| 34. | 9 | Lippoldt, Alina | 2004 | TV Anrath | 5:21 | + 1:13 34 W9 |
| 35. | 26 | Hauser, Melina | 2004 | TSF Bracht | 5:24 | + 1:16 35 W9 |
| 36. | 185 | Schmidt, Annika | 2004 | Moerser TV | 5:39 | + 1:31 36 W9 |
| 37. | 109 | Draga, Giulia | 2004 | Fischelner Sportverein | 6:10 | + 2:02 37 W9 |

Lauf 10 - Kinder M9 (1052 m) - 12:10

| Kinder M9 | | | | | | |
|-----------|-------|-----------------------|------|-----------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 163 | Ritterbach, Julius | 2004 | KTSV Preussen Krefeld | 3:51 | 1 M9 |
| 2. | 389 | Drecker, Mark Michael | 2004 | DJK VfL Willich | 3:54 | + 3 2 M9 |
| 3. | 123 | Hannappel, Jonas | 2004 | DJK VfL Forstwald | 4:00 | + 9 3 M9 |
| 4. | 196 | Pfeffer, Victor | 2004 | Moerser TV | 4:01 | + 10 4 M9 |
| 5. | 322 | Czuga, Niklas | 2004 | SC Bayer Uerdingen | 4:02 | + 11 5 M9 |

Lauf 10 - Kinder M9 (1052 m) - 12:10

| Kinder M9 | | | | | | |
|-----------|-------|---------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 6. | 311 | Hermes, Max | 2004 | SC Bayer Uerdingen | 4:07 | + 16 6 M9 |
| 7. | 192 | Kambartel, Julian | 2004 | Moerser TV | 4:10 | + 19 7 M9 |
| 8. | 164 | Renner, Kai | 2004 | KTSV Preussen Krefeld | 4:13 | + 22 8 M9 |
| 9. | 23 | Heckmann, Jan | 2004 | TSF Bracht | 4:15 | + 24 9 M9 |
| 10. | 310 | Köchling, Finn | 2004 | SC Bayer Uerdingen | 4:16 | + 25 10 M9 |
| 11. | 399 | Mehn, Paul | 2004 | DJK VfL Willich | 4:17 | + 26 11 M9 |
| 12. | 97 | Yurtkuran, Muhammet | 2004 | MSV Duisburg | 4:18 | + 27 12 M9 |
| 13. | 339 | Janssen, Paul | 2004 | LAZ Wachtendonk | 4:19 | + 28 13 M9 |
| 14. | 312 | Goncalves, Tiago | 2004 | SC Bayer Uerdingen | 4:21 | + 30 14 M9 |
| 15. | 184 | Schmidt, Timo | 2004 | Moerser TV | 4:23 | + 32 15 M9 |
| 16. | 186 | Heide, Maximilian | 2004 | Moerser TV | 4:24 | + 33 16 M9 |
| 17. | 337 | Bloch, Manuel | 2004 | LAZ Wachtendonk | 4:32 | + 41 17 M9 |
| 18. | 124 | Arndt, Florian | 2004 | DJK VfL Forstwald | 4:49 | + 58 18 M9 |
| 19. | 66 | Wiedelbach, Vincent | 2004 | CSV Krefeld | 4:50 | + 59 19 M9 |
| 20. | 195 | Sommer, Justus | 2004 | Moerser TV | 4:53 | + 1:02 20 M9 |
| 21. | 243 | van den Boom, Max | 2004 | SV Sonsbeck | 4:53 | + 1:02 21 M9 |
| 22. | 558 | Kaiser, Ole | 2004 | Werdener Turnerbund | 4:54 | + 1:03 22 M9 |
| 23. | 391 | Heidefeld, Caspar | 2004 | DJK VfL Willich | 4:54 | + 1:03 23 M9 |
| 24. | 262 | Varwick, Ole | 2004 | DJK Teutonia St. Tönis | 4:55 | + 1:04 24 M9 |
| 25. | 244 | Hürkens, Eric | 2004 | SV Sonsbeck | 4:56 | + 1:05 25 M9 |
| 26. | 197 | Pape, Bennet | 2004 | Moerser TV | 4:56 | + 1:05 26 M9 |
| 27. | 388 | Stattelmann, Viktor | 2004 | DJK VfL Willich | 4:57 | + 1:06 27 M9 |
| 28. | 67 | Krause, Timo | 2004 | CSV Krefeld | 5:02 | + 1:11 28 M9 |
| 29. | 106 | Kluge, Milian | 2004 | Fischelner Sportverein | 5:16 | + 1:25 29 M9 |
| 30. | 267 | Demiri, Endrit | 2004 | DJK Teutonia St. Tönis | 6:14 | + 2:23 30 M9 |

Lauf 11 - Kinder W10 (1052 m) - 12:18

| Kinder W10 | | | | | | |
|------------|-------|----------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 409 | Benthaus, Luise | 2003 | TuS Xanten | 3:59 | 1 W10 |
| 2. | 559 | Hack, Victoria | 2003 | SSF Bonn | 4:03 | + 4 2 W10 |
| 3. | 112 | Neubacher, Franziska | 2003 | Fischelner Sportverein | 4:07 | + 8 3 W10 |
| 4. | 293 | Voth, Julia | 2003 | DJK Teutonia St. Tönis | 4:12 | + 13 4 W10 |
| 5. | 308 | Klein, Mona | 2003 | Triathlon Uerdingen | 4:20 | + 21 5 W10 |
| 6. | 394 | Günthör, Annika | 2003 | DJK VfL Willich | 4:22 | + 23 6 W10 |
| 7. | 384 | Giesen, Amelie | 2003 | DJK VfL Willich | 4:23 | + 24 7 W10 |
| 8. | 116 | Szymanowski, Pia | 2003 | Fischelner Turnverein | 4:28 | + 29 8 W10 |
| 9. | 255 | Hein, Luisa | 2003 | DJK Teutonia St. Tönis | 4:28 | + 29 9 W10 |
| 10. | 25 | Lehnen, Christina | 2003 | TSF Bracht | 4:32 | + 33 10 W10 |
| 11. | 282 | Ziemke, Tabea | 2003 | DJK Teutonia St. Tönis | 4:34 | + 35 11 W10 |
| 12. | 581 | Tümmers, Kim-Nele | 2003 | SC Bayer Uerdingen | 4:34 | + 35 12 W10 |
| 13. | 393 | Drewling, Zoé | 2003 | DJK VfL Willich | 4:41 | + 42 13 W10 |
| 14. | 278 | Demiri, Arjeta | 2003 | DJK Teutonia St. Tönis | 4:56 | + 57 14 W10 |
| 15. | 15 | Schlösser, Lina | 2003 | TV Anrath | 5:01 | + 1:02 15 W10 |
| 16. | 253 | Aengeneynd, Elena | 2003 | SV Sonsbeck | 5:02 | + 1:03 16 W10 |
| 17. | 268 | Bing, Jessica | 2003 | DJK Teutonia St. Tönis | 5:04 | + 1:05 17 W10 |

Lauf 11 - Kinder W10 (1052 m) - 12:18

| Kinder W10 | | | | | | |
|------------|-------|--------------|------|-------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 18. | 78 | Koppel, Jana | 2003 | CSV Krefeld | 5:18 | + 1:19 18 W10 |

Lauf 12 - Kinder M10 (1052 m) - 12:26

| Kinder M10 | | | | | | |
|------------|-------|-------------------------|------|------------------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 350 | Helpertz, Adrian | 2003 | OSC Waldniel | 3:49 | 1 M10 |
| 2. | 326 | Muty, Kai | 2003 | SC Bayer Uerdingen | 3:56 | + 7 2 M10 |
| 3. | 325 | Peters, Niklas | 2003 | SC Bayer Uerdingen | 3:57 | + 8 3 M10 |
| 4. | 153 | Ott, Aljoscha | 2003 | DJK Kempener LC | 4:00 | + 11 4 M10 |
| 5. | 81 | Gierschmann, Aaron | 2003 | CSV Krefeld | 4:04 | + 15 5 M10 |
| 6. | 80 | Kraemer, Jascha | 2003 | CSV Krefeld | 4:05 | + 16 6 M10 |
| 7. | 126 | Pietzonka, Max | 2003 | DJK VfL Forstwald | 4:06 | + 17 7 M10 |
| 8. | 327 | Lurz, Yannik | 2003 | SC Bayer Uerdingen | 4:07 | + 18 8 M10 |
| 9. | 193 | Koopmann, Jonte | 2003 | Moerser TV | 4:30 | + 41 9 M10 |
| 10. | 324 | Thomas, Nic | 2003 | SC Bayer Uerdingen | 4:31 | + 42 10 M10 |
| 11. | 336 | Fila, Maximilian | 2003 | LAZ Wachtendonk | 4:31 | + 42 11 M10 |
| 12. | 279 | Wiegand, Felix | 2003 | DJK Teutonia St. Tönis | 4:36 | + 47 12 M10 |
| 13. | 82 | Sivagnanasuntharam, Sim | 2003 | CSV Krefeld | 4:36 | + 47 13 M10 |
| 14. | 79 | Yasarman, Melih | 2003 | CSV Krefeld | 4:46 | + 57 14 M10 |
| 15. | 280 | Zube, Paul | 2003 | DJK Teutonia St. Tönis | 4:53 | + 1:04 15 M10 |

Lauf 13 - Kinder W11 (1052 m) - 12:34

| Kinder W11 | | | | | | |
|------------|-------|---------------------|------|--------------------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 344 | Götz, Maike | 2002 | OSC Waldniel | 3:49 | 1 W11 |
| 2. | 358 | Bommes, Anna | 2002 | OSC Waldniel | 3:55 | + 6 2 W11 |
| 3. | 419 | Noack, Lena | 2002 | TuS Xanten | 4:04 | + 15 3 W11 |
| 4. | 132 | Stump, Lea | 2002 | LAV Goch-Kessel | 4:11 | + 22 4 W11 |
| 5. | 241 | Kollöchter, Nele | 2002 | SV Sonsbeck | 4:13 | + 24 5 W11 |
| 6. | 190 | Kambartel, Hannah | 2002 | Moerser TV | 4:13 | + 24 6 W11 |
| 7. | 222 | Janssen, Emelie | 2002 | Leichtathletik Nütterden | 4:14 | + 25 7 W11 |
| 8. | 343 | Steinmetz, Lilly | 2002 | OSC Waldniel | 4:16 | + 27 8 W11 |
| 9. | 95 | Gezer, Seline | 2002 | MSV Duisburg | 4:17 | + 28 9 W11 |
| 10. | 214 | Spörkel, Tabea | 2002 | Leichtathletik Nütterden | 4:20 | + 31 10 W11 |
| 11. | 281 | Molnar, Isabella | 2002 | DJK Teutonia St. Tönis | 4:21 | + 32 11 W11 |
| 12. | 189 | Schwarzer, Liv | 2002 | Moerser TV | 4:22 | + 33 12 W11 |
| 13. | 96 | Hausburg, Marline | 2002 | MSV Duisburg | 4:27 | + 38 13 W11 |
| 14. | 574 | Bossmann, Franziska | 2002 | SV Sonsbeck | 4:35 | + 46 14 W11 |
| 15. | 242 | Winkels, Johanna | 2002 | SV Sonsbeck | 4:41 | + 52 15 W11 |
| 16. | 568 | Schwarz, Hannah | 2002 | TuS Xanten | 4:46 | + 57 16 W11 |
| 17. | 70 | Brincks, Hanna | 2002 | CSV Krefeld | 4:54 | + 1:05 17 W11 |
| 18. | 16 | Merkel, Annabelle | 2002 | TV Anrath | 5:00 | + 1:11 18 W11 |
| 19. | 188 | Monster, Alina | 2002 | Moerser TV | 5:07 | + 1:18 19 W11 |

Lauf 14 - Kinder M11 (1052 m) - 12:42

| Kinder M11 | | | | | | |
|------------|-------|---------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 413 | Mayer, Nicolas | 2002 | TuS Xanten | 3:38 | 1 M11 |
| 2. | 299 | Meies, Laurenz | 2002 | ASV Süchteln | 3:43 | + 5 2 M11 |
| 3. | 41 | Frieling, Moritz | 2002 | CSV Krefeld | 3:44 | + 6 3 M11 |
| 4. | 361 | Koch, Florian | 2002 | Werdener Turnerbund | 3:48 | + 10 4 M11 |
| 5. | 364 | Beckers, Finn | 2002 | Werdener Turnerbund | 3:49 | + 11 5 M11 |
| 6. | 317 | Mulders, Dylan | 2002 | SC Bayer Uerdingen | 3:57 | + 19 6 M11 |
| 7. | 68 | Borkenhagen, Ben | 2002 | CSV Krefeld | 3:58 | + 20 7 M11 |
| 8. | 319 | Borgwardt, Luke | 2002 | SC Bayer Uerdingen | 4:00 | + 22 8 M11 |
| 9. | 117 | Prenzel, Jannes | 2002 | DJK VfL Forstwald | 4:02 | + 24 9 M11 |
| 10. | 86 | Michaelis, Malte | 2002 | CSV Krefeld | 4:06 | + 28 10 M11 |
| 11. | 395 | Stattelmann, Theo | 2002 | DJK VfL Willich | 4:11 | + 33 11 M11 |
| 12. | 205 | Lodes, Stephan | 2002 | LAZ Mönchengladbach | 4:11 | + 33 12 M11 |
| 13. | 85 | Pütz, Nick | 2002 | CSV Krefeld | 4:16 | + 38 13 M11 |
| 14. | 285 | Loheide, Hannes | 2002 | DJK Teutonia St. Tönis | 4:19 | + 41 14 M11 |
| 15. | 156 | Boesing, Miklas | 2002 | DJK Kempener LC | 4:27 | + 49 15 M11 |
| 16. | 27 | Köhler, Kevin | 2002 | TSF Bracht | 4:31 | + 53 16 M11 |
| 17. | 396 | Heidfeld, Linus | 2002 | DJK VfL Willich | 4:32 | + 54 17 M11 |
| 18. | 10 | Runge, Oscar | 2002 | TV Anrath | 4:54 | + 1:16 18 M11 |
| 19. | 40 | Overbeck, Fabian | 2002 | CSV Krefeld | 5:32 | + 1:54 19 M11 |
| 20. | 291 | Rothemberger, Jonas | 2002 | DJK Teutonia St. Tönis | 5:59 | + 2:21 20 M11 |

Lauf 15 - Jugend W12 und W13 (1052 m) - 12:50

| Jugend W13 | | | | | | |
|------------|-------|---------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 345 | Klee, Lisa-Sophie | 2000 | OSC Waldniel | 3:33 | 1 W13 |
| 2. | 147 | Cervenka, Luisa | 2000 | DJK Kempener LC | 3:52 | + 19 2 W13 |
| 3. | 148 | Krüger, Jana | 2000 | DJK Kempener LC | 3:59 | + 26 3 W13 |
| 4. | 146 | Liepold, Cordula | 2000 | DJK Kempener LC | 4:06 | + 33 4 W13 |
| 5. | 323 | Rohde, Melina | 2000 | SC Bayer Uerdingen | 4:08 | + 35 5 W13 |
| 6. | 591 | Heß, Svea | 2000 | SC Bayer Uerdingen | 4:15 | + 42 6 W13 |
| 7. | 590 | Heß, Hanna | 2000 | SC Bayer Uerdingen | 4:23 | + 50 7 W13 |
| 8. | 31 | Borkenhagen, Louisa | 2000 | CSV Krefeld | 4:25 | + 52 8 W13 |
| 9. | 12 | Gieske, Marit | 2000 | TV Anrath | 4:31 | + 58 9 W13 |
| 10. | 105 | Henkel, Maike | 2000 | Fischelner Sportverein | 4:38 | + 1:05 10 W13 |

| Jugend W12 | | | | | | |
|------------|-------|-------------------|------|---------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 199 | Schneiders, Paula | 2001 | LAZ Mönchengladbach | 3:33 | 1 W12 |
| 2. | 586 | Wilms, Hannah | 2001 | OSC Waldniel | 3:45 | + 12 2 W12 |
| 3. | 200 | Lassri, Safae | 2001 | LAZ Mönchengladbach | 3:46 | + 13 3 W12 |
| 4. | 588 | Dröge, Laurien | 2001 | SC Bayer Uerdingen | 3:47 | + 14 4 W12 |
| 5. | 306 | Voß, Christina | 2001 | Triathlon Uerdingen | 3:51 | + 18 5 W12 |
| 6. | 139 | Ellbracht, Steffi | 2001 | TV Jahn Kapellen | 3:56 | + 23 6 W12 |
| 7. | 307 | Klein, Dana | 2001 | Triathlon Uerdingen | 3:56 | + 23 7 W12 |

Lauf 15 - Jugend W12 und W13 (1052 m) - 12:50

| Jugend W12 | | | | | | |
|------------|-------|-------------------|------|--------------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 8. | 597 | Vorwig, Cassandra | 2001 | ASG Elsdorf | 4:13 | + 40 8 W12 |
| 9. | 416 | Kuse, Maya | 2001 | TuS Xanten | 4:19 | + 46 9 W12 |
| 10. | 178 | Haesters, Ronja | 2001 | Moerser Turnverein | 4:20 | + 47 10 W12 |
| 11. | 145 | Girbig, Nadja | 2001 | DJK Kempener LC | 4:22 | + 49 11 W12 |
| 12. | 19 | Blanken, Alica | 2001 | TSF Bracht | 4:49 | + 1:16 12 W12 |
| 13. | 98 | Zupan, Natalie | 2001 | MSV Duisburg | 5:15 | + 1:42 13 W12 |

Lauf 16 - Jugend M12 und M13 (1449 m) - 12:58

| Jugend M13 | | | | | | |
|------------|-------|-------------------|------|------------------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 560 | Hack, Arthur | 2000 | SSF Bonn | 5:17 | 1 M13 |
| 2. | 261 | Lüllmann, Bastian | 2000 | DJK Teutonia St. Tönis | 5:24 | + 7 2 M13 |
| 3. | 155 | Linder, Jan | 2000 | DJK Kempener LC | 5:37 | + 20 3 M13 |
| 4. | 152 | Lettko, Michael | 2000 | DJK Kempener LC | 5:37 | + 20 4 M13 |
| 5. | 206 | Wollgast, Noah | 2000 | LAZ Mönchengladbach | 5:46 | + 29 5 M13 |
| 6. | 201 | Lodes, Alexander | 2000 | LAZ Mönchengladbach | 6:07 | + 50 6 M13 |
| 7. | 304 | Zikoll, Lars | 2000 | Triathlon Uerdingen | 6:19 | + 1:02 7 M13 |
| 8. | 397 | Heidfeld, Till | 2000 | DJK VfL Willich | 6:30 | + 1:13 8 M13 |

| Jugendl M12 | | | | | | |
|-------------|-------|--------------------|------|------------------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 300 | Kämpgen, Nick | 2001 | ASV Süchteln | 4:59 | 1 M12 |
| 2. | 100 | Wegener, Marvin | 2001 | MSV Duisburg | 5:10 | + 11 2 M12 |
| 3. | 353 | Faulhaber, Fabio | 2001 | OSC Waldniel | 5:27 | + 28 3 M12 |
| 4. | 260 | Tholen, Mats | 2001 | DJK Teutonia St. Tönis | 5:34 | + 35 4 M12 |
| 5. | 42 | Todd, Lyle | 2001 | CSV Krefeld | 5:45 | + 46 5 M12 |
| 6. | 159 | Behrend, Justus | 2001 | KTSV Preussen Krefeld | 5:50 | + 51 6 M12 |
| 7. | 160 | Görtz, Niklas | 2001 | KTSV Preussen Krefeld | 5:58 | + 59 7 M12 |
| 8. | 38 | Gierschmann, Jakob | 2001 | CSV Krefeld | 6:13 | + 1:14 8 M12 |
| 9. | 20 | Lehnen, Oliver | 2001 | TSF Bracht | 6:18 | + 1:19 9 M12 |
| 10. | 352 | Helpertz, Julian | 2001 | OSC Waldniel | 6:20 | + 1:21 10 M12 |
| 11. | 36 | Brincks, Tobias | 2001 | CSV Krefeld | 6:44 | + 1:45 11 M12 |
| 12. | 101 | Kunzmann, Niklas | 2001 | MSV Duisburg | 7:09 | + 2:10 12 M12 |
| 13. | 305 | Akyel, Matthias | 2001 | Triathlon Uerdingen | 7:10 | + 2:11 13 M12 |

Lauf 17 - Jugend M14 - W14 - M15 - W15 (1449 m) - 13:08

| Jugend W15 | | | | | | |
|------------|-------|-------------------|------|---------------------|------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 301 | Saßerath, Pauline | 1998 | Triathlon Uerdingen | 5:40 | 1 W15 |
| 2. | 182 | Haesters, Annika | 1998 | Moerser Turnverein | 5:43 | + 3 2 W15 |
| 3. | 150 | Friebe, Annika | 1998 | DJK Kempener LC | 5:51 | + 11 3 W15 |

Lauf 17 - Jugend M14 - W14 - M15 - W15 (1449 m) - 13:08

| Jugend W15 | | | | | | |
|------------|-------|--------------------|------|--------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 4. | 220 | Welmans, Franziska | 1998 | Leichtathletik Nütterden | 6:04 | + 24 4 W15 |
| 5. | 149 | Krüger, Julia | 1998 | DJK Kempener LC | 6:13 | + 33 5 W15 |

| Jugend M15 | | | | | | |
|------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| Jugend W14 | | | | | | |
|------------|-------|------------------|------|--------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 202 | Schmitz, Jolina | 1999 | LAZ Mönchengladbach | 5:18 | 1 W14 |
| 2. | 221 | Greven, Charlien | 1999 | Leichtathletik Nütterden | 5:52 | + 34 2 W14 |
| 3. | 600 | Godoy, Isabel | 1999 | Triathlon Uerdingen | 6:17 | + 59 3 W14 |
| 4. | 179 | Eikenberg, Lea | 1999 | Moerser Turnverein | 6:38 | + 1:20 4 W14 |

| Jugend M14 | | | | | | |
|------------|-------|---------------------|------|------------------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 204 | Schneiders, Jan Ole | 1999 | LAZ Mönchengladbach | 4:36 | 1 M14 |
| 2. | 187 | Baumeister, Niklas | 1999 | Moerser TV | 5:05 | + 29 2 M14 |
| 3. | 133 | Jürgens, Max | 1999 | LAV Goch-Kessel | 5:12 | + 36 3 M14 |
| 4. | 263 | Munsch, Marco | 1999 | DJK Teutonia St. Tönis | 5:12 | + 36 4 M14 |
| 5. | 303 | Koebcke, Felix | 1999 | Triathlon Uerdingen | 5:21 | + 45 5 M14 |
| 6. | 154 | Weihrauch, Manuel | 1999 | DJK Kempener LC | 5:27 | + 51 6 M14 |
| 7. | 134 | Verrieth, Hendrik | 1999 | LAV Goch-Kessel | 5:43 | + 1:07 7 M14 |

Lauf 18 - MJ U18 u. U20, Senioren ab M50 (3000 m) - 13:20

| Senioren M75 | | | | | | |
|--------------|-------|-----------------|------|-------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 233 | Bürsten, Dieter | 1938 | FC Rumeln | 16:30 | 1 M75 |

| Senioren M70 | | | | | | |
|--------------|-------|--------------------|------|-----------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 177 | Leschinski, Günter | 1942 | LT Moers | 13:35 | 1 M70 |
| 2. | 334 | Hantke, Walter | 1941 | Viersener TV | 14:08 | + 33 2 M70 |
| 3. | 657 | Brück, Hans | 1942 | Fischelner Turnverein | 16:06 | + 2:31 3 M70 |

| Senioren M65 | | | | | | |
|--------------|-------|-------------------|------|------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 596 | Röhricht, Raimund | 1944 | TV Jahn Kapellen | 14:20 | 1 M65 |
| 2. | 335 | Blatt, Dieter | 1945 | Viersener TV | 15:06 | + 46 2 M65 |

| Senioren M60 | | | | | | |
|--------------|-------|--------------------|------|------------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 662 | Höfker, Johann | 1952 | VT Kempen | 12:34 | 1 M60 |
| 2. | 565 | Gijsemans, Gustaaf | 1949 | Ohne Verein | 13:24 | + 50 2 M60 |
| 3. | 564 | Dammer, Gottfried | 1953 | VT Kempen | 13:50 | + 1:16 3 M60 |
| 4. | 295 | Eirnbter, Wolfgang | 1950 | SSV Strümp - Fondistas | 15:26 | + 2:52 4 M60 |
| 5. | 659 | Maas, Norbert | 1953 | Blau RW Forstwald | 16:38 | + 4:04 5 M60 |

| Senioren M55 | | | | | | |
|--------------|-------|-------------------|------|--------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 663 | Wächtler, Thomas | 1957 | SC Bayer Uerdingen | 11:28 | 1 M55 |
| 2. | 30 | Wimmers, Klaus | 1958 | Conti Runners | 12:30 | + 1:02 2 M55 |
| 3. | 563 | Hitzmann, Dieter | 1957 | VT Kempen | 13:12 | + 1:44 3 M55 |
| 4. | 157 | Schäfer, Wolfgang | 1958 | LV Marathon Kleve | 14:34 | + 3:06 4 M55 |

| Senioren M50 | | | | | | |
|--------------|-------|---------------------|------|------------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 137 | Schneider, Herbert | 1963 | DJK Löwe Hambach | 11:50 | 1 M50 |
| 2. | 412 | Angenendt, Wolfgang | 1963 | TuS Xanten | 12:18 | + 28 2 M50 |
| 3. | 302 | Sendler, Dietmar | 1962 | Triathlon Uerdingen | 12:51 | + 1:01 3 M50 |
| 4. | 666 | Brillen, Christian | 1962 | VT Kempen | 13:13 | + 1:23 4 M50 |
| 5. | 127 | Bongers, Norbert | 1959 | DJK VfL Forstwald | 13:21 | + 1:31 5 M50 |
| 6. | 595 | Reiners, Peter | 1961 | SSV Strümp - Fondistas | 14:57 | + 3:07 6 M50 |
| 7. | 656 | Godoy, Javier | 1961 | Triathlon Uerdingen | 17:16 | + 5:26 7 M50 |

| Männliche Jugend U18 | | | | | | |
|----------------------|-------|----------------------|------|----------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 91 | Nisius, Joshua | 1997 | TSV Bayer Dormagen | 10:31 | 1 MU18 |
| 2. | 354 | Podszus, Niklas | 1996 | OSC Waldniel | 10:47 | + 16 2 MU18 |
| 3. | 135 | Jürgens, Felix | 1996 | LAV Goch-Kessel | 11:09 | + 38 3 MU18 |
| 4. | 599 | Godoy, David | 1997 | Triathlon Uerdingen | 12:29 | + 1:58 4 MU18 |
| 5. | 208 | von der Forst, Arne | 1998 | Mönchengladbacher LG | 13:34 | + 3:03 5 MU18 |
| 6. | 309 | Hollender, Christian | 1997 | Triathlon Uerdingen | 14:59 | + 4:28 6 MU18 |

Lauf 19 -WJ U20,U18,JI U23,F,Seniorinnen (3000 m) - 13:40

| Seniorinnen W75 | | | | | | |
|-----------------|-------|--------------|------|-------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 32 | Perau, Ria | 1938 | CSV Krefeld | 20:53 | 1 W75 |

| Seniorinnen W65 | | | | | | |
|-----------------|-------|-------------------|------|-------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 33 | Bernhard, Maritta | 1948 | CSV Krefeld | 18:39 | 1 W65 |

| Seniorinnen W60 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|-------------|------|---------------------|-------|-------|
| 1. | 203 | Kuhn, Maria | 1951 | LAZ Mönchengladbach | 15:09 | 1 W60 |
|----|-----|-------------|------|---------------------|-------|-------|

| Seniorinnen W55 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|---------------------|------|---------------|-------|-----------|
| 1. | 660 | Köllen-Vanck, Petra | 1956 | Ohne Verein | 16:53 | 1 W55 |
| 2. | 28 | Völker, Thekla | 1956 | TuRa Büderich | 16:55 | + 2 2 W55 |

| Seniorinnen W50 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|-------------------|------|---------------|-------|--------------|
| 1. | 29 | Wimmers, Monika | 1959 | Conti Runners | 16:30 | 1 W50 |
| 2. | 237 | Schriever, Andrea | 1961 | LT Solingen | 19:41 | + 3:11 2 W50 |

| Seniorinnen W45 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|----------------------|------|--------------------------|-------|--------------|
| 1. | 658 | Mathé, Hannelore | 1964 | SC Bayer Uerdingen | 13:37 | 1 W45 |
| 2. | 218 | Joeken, Anette | 1966 | Leichtathletik Nütterden | 14:00 | + 23 2 W45 |
| 3. | 265 | Rothenberger, Helene | 1967 | DJK Teutonia St. Tönis | 14:24 | + 47 3 W45 |
| 4. | 2 | Gieske, Anne | 1967 | TV Anrath | 16:42 | + 3:05 4 W45 |

| Seniorinnen W40 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|---------------|------|----------------------------|-------|--------------|
| 1. | 422 | Kuse, Nicole | 1973 | TuS Xanten | 14:14 | 1 W40 |
| 2. | 35 | Todd, Helen | 1969 | CSV Krefeld | 19:20 | + 5:06 2 W40 |
| 3. | 376 | Rüther, Julia | 1970 | BSV Grün-Weiß Wesel-Flüren | 19:30 | + 5:16 3 W40 |

| Seniorinnen W35 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|------------------|------|----------------------------|-------|--------------|
| 1. | 573 | Walter, Cristine | 1974 | DJK VfL Willich | 14:23 | 1 W35 |
| 2. | 18 | Berninger, Elfi | 1976 | FC Aua Knie | 16:47 | + 2:24 2 W35 |
| 3. | 377 | Sons, Melanie | 1974 | BSV Grün-Weiß Wesel-Flüren | 20:12 | + 5:49 3 W35 |

| Seniorinnen W30 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|-----------------------|------|--------------------|-------|--------------|
| 1. | 349 | Windhausen, Nina | 1981 | OSC Waldniel | 12:07 | 1 W30 |
| 2. | 320 | Chroboczek, Magdalena | 1980 | SC Bayer Uerdingen | 15:58 | + 3:51 2 W30 |

| Juniorinnen U23 | | | | | | |
|-----------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

| | | | | | | |
|----|-----|----------------|------|------------------------|-------|-------------|
| 1. | 93 | Robb, Susan | 1992 | ART Düsseldorf | 11:17 | 1 JI |
| 2. | 275 | Langen, Nadine | 1991 | DJK Teutonia St. Tönis | 15:03 | + 3:46 2 JI |

| Weibliche Jugend U20 | | | | | | |
|----------------------|-------|----------------------|------|----------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 92 | Roggel, Anja | 1995 | TSV Bayer Dormagen | 10:46 | 1 WU20 |
| 2. | 356 | Rohbeck, Elisabeth | 1995 | OSC Waldniel | 11:23 | + 37 2 WU20 |
| 3. | 594 | von Ehren, Kira | 1995 | SC Bayer Uerdingen | 11:26 | + 40 3 WU20 |
| 4. | 355 | Orths, Nicola | 1995 | OSC Waldniel | 11:45 | + 59 4 WU20 |
| 5. | 593 | Bojanowski, Charline | 1995 | SC Bayer Uerdingen | 12:02 | + 1:16 5 WU20 |
| 6. | 592 | Campbell, Jessie | 1995 | SC Bayer Uerdingen | 13:09 | + 2:23 6 WU20 |
| 7. | 207 | M' Banze, Leony | 1994 | Mönchengladbacher LG | 13:10 | + 2:24 7 WU20 |

| Weibliche Jugend U18 | | | | | | |
|----------------------|-------|--------------------|------|--------------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 589 | Jacobitz, Esther | 1997 | SC Bayer Uerdingen | 11:00 | 1 WU18 |
| 2. | 219 | Joeken, Carolin | 1996 | Leichtathletik Nütterden | 11:57 | + 57 2 WU18 |
| 3. | 136 | Jürgens, Franziska | 1996 | LAV Goch-Kessel | 12:40 | + 1:40 3 WU18 |
| 4. | 217 | Berg, Sofie | 1996 | Leichtathletik Nütterden | 15:50 | + 4:50 4 WU18 |

Lauf 20 - J U23, M, Senioren M30 bis M45 (5000 m) - 14:05

| Senioren M45 | | | | | | |
|--------------|-------|--------------------|------|----------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 667 | Hannen, Markus | 1968 | Ohne Verein | 19:25 | 1 M45 |
| 2. | 362 | Koch, Andreas | 1968 | Werdener Turnerbund | 19:45 | + 20 2 M45 |
| 3. | 210 | Verhufen, Rainer | 1964 | Mönchengladbacher LG | 23:43 | + 4:18 3 M45 |
| 4. | 227 | Schmitz, Werner | 1966 | Ohne Verein | 27:14 | + 7:49 4 M45 |
| 5. | 229 | Berg, Stefan | 1968 | Ohne Verein | 28:05 | + 8:40 5 M45 |
| 6. | 230 | Hartung, Christoph | 1965 | Ohne Verein | 28:59 | + 9:34 6 M45 |

| Senioren M40 | | | | | | |
|--------------|-------|------------------|------|------------------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 577 | Walter, Wigbert | 1972 | DJK VfL Willich | 19:41 | 1 M40 |
| 2. | 172 | Christen, Sven | 1971 | KTSV Preussen Krefeld | 20:11 | + 30 2 M40 |
| 3. | 158 | Poeschl, Oliver | 1972 | TuS Köln rrh. | 20:30 | + 49 3 M40 |
| 4. | 664 | Hecker, Erik | 1971 | Ohne Verein | 21:32 | + 1:51 4 M40 |
| 5. | 236 | Marten, Jens | 1971 | Rumelner TV | 21:46 | + 2:05 5 M40 |
| 6. | 668 | Nicolai, Andreas | 1969 | CSV Krefeld | 22:50 | + 3:09 6 M40 |
| 7. | 296 | Heinzen, Arno | 1969 | SSV Strümp - Fondistas | 22:52 | + 3:11 7 M40 |
| 8. | 420 | Mayer, Andreas | 1971 | TuS Xanten | 26:49 | + 7:08 8 M40 |

| Senioren M35 | | | | | | |
|--------------|-------|------------------|------|----------------|-------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |
| 1. | 669 | Gödiker, Magnus | 1974 | Bunert Krefeld | 17:39 | 1 M35 |
| 2. | 598 | Rossmann, Stefan | 1974 | SV Sonsbeck | 19:46 | + 2:07 2 M35 |

| Senioren M30 | | | | | | |
|--------------|-------|--------------|----|-------------|------|----------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klassenergebnis |

Lauf 20 - J U23, M, Senioren M30 bis M45 (5000 m) - 14:05

| Senioren M30 | | | | | | |
|--------------|-------|---------------------|------|----------------------|-------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 359 | Lohse, Christoph | 1983 | TV Wattenscheid | 15:39 | 1 M30 |
| 2. | 665 | Mayntzhusen, Moritz | 1980 | Seidenraupen Krefeld | 20:13 | + 4:34 2 M30 |
| 3. | 584 | Mirabello, Marco | 1979 | Team Phamos | 22:38 | + 6:59 3 M30 |

| Männer | | | | | | |
|--------|-------|----------------------|------|-----------------------|-------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 94 | Heising, Carl Philip | 1990 | TSV Bayer Dormagen | 16:14 | 1 M |
| 2. | 587 | Mirabello, Massimo | 1989 | Team Phamos | 19:36 | + 3:22 2 M |
| 3. | 224 | Tenbusch, Sven | 1987 | Ohne Verein | 21:12 | + 4:58 3 M |
| 4. | 223 | Walter, Jan | 1990 | Ohne Verein | 22:13 | + 5:59 4 M |
| 5. | 168 | Kraemer, Sebastian | 1987 | KTSV Preussen Krefeld | 22:22 | + 6:08 5 M |

| Junioren U23 | | | | | | |
|--------------|-------|----------------------|------|----------------------|-------|---------------------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. Verein | Zeit | Diff Klasseergebnis |
| 1. | 88 | Stratmann, Christoph | 1993 | TSV Bayer Dormagen | 16:48 | 1 J |
| 2. | 87 | Spinrath, Fabian | 1992 | TSV Bayer Dormagen | 17:11 | + 23 2 J |
| 3. | 89 | Mathe, Jan | 1993 | TSV Bayer Dormagen | 17:24 | + 36 3 J |
| 4. | 90 | Hüllhorst, Fabian | 1992 | TSV Bayer Dormagen | 19:06 | + 2:18 4 J |
| 5. | 211 | Lütz, Christian | 1991 | Mönchengladbacher LG | 20:34 | + 3:46 5 J |